Guide to Active Aging Week Professional Resources

ICAA Active Aging Week		
www.icaa.cc/activeagingweek/resourcesaaw.htm		
If you're looking for	Go to this subhead	And find
Ideas for activities	Planning guides	• Overview of campaigns in 2006, 2007, 2008
		Fun activities from Active Aging Week
	Program profiles	Outdoor walks of Active Aging Week
		The Busy Bees of Active Aging Week
	Resources for activities,	Multiple handouts and resources
	Walking theme, Balance	
	training for fall prevention	
	theme	
	Promotional materials	Changing the Way We Age (PowerPoint presentation)
Partnering with individuals	Planning guides	The value of partnerships for Active Aging Week
and organizations		How to solicit donations for Active Aging Week
Planning the activities	Planning guides	• 2009 Set your goals for Active Aging Week
		• 2008 Plan for Active Aging Week
		Launch your planning cycle for Active Aging Week 2007
		Develop your marketing plan for Active Aging Week
	DI I I I	Active Aging Week: prepare your action plan
	Planning worksheets	Planning checklist for Active Aging Week hosts
Generating excitement and publicity	Planning guides	How to request a proclamation or a letter from a public
		official to recognize Active Aging Week
	D C1	Start the publicity machine for Active Aging Week
D1.1: -:-:	Program profiles	• Incentives reward participation during Active Aging Week
Publicizing the week internally	Promotional materials	• 2009 Active Aging Week logo
		2009 Active Aging Week Posters2009 Calendar announcements
	Planning guides	
	Planning guides	 Start the publicity machine for Active Aging Week Develop your marketing plan for Active Aging Week
	Planning worksheets	Active Aging Week marketing matrix
Customizing publicity to	Promotional materials	2009 Customize Fact Sheet, general
your location and activities	Tromotional materials	• 2009 Customize Fact Sheet, donors and sponsors
		• 2009 Host site press release
Branding your week as part	Promotional materials	2009 Active Aging Week logo
of a national campaign		2009 Active Aging Week Posters
Informing local media	Planning guides	How to write a press release
J	Promotional materials	2009 Active Aging Week logo
		• 2009 Calendar announcements
		• 2009 Host site press release
		• 2009 Fact sheet
Recognition for	Promotional materials	2009 Certificate of participation to give residents or members
participants	Rewards	The President's Challenge Awards program
Promoting your	Planning guides	How to get the most out of your involvement in Active
involvement in Active		Aging Week
Aging Week	Promotional materials	2009 Certificate of participation for organization